

2011 National Qualifier Tune Up Classic

July 16, 2011

Hosted by

North Texas Cheetahs Track Club Lancaster Lightning Track Club
Start 2 Finish Track Club Stealth Track Club

Desoto High School Stadium
600 Eagle Drive
Desoto, TX 75115

MEET RULES

ALL EVENTS WILL BE ON A ROLLING SCHEDULE

ALL USA TRACK AND FIELD RULES WILL BE IN EFFECT FOR THIS MEET

PRIMARY - MIDGET DIVISIONS MAY COMPETE IN A MAXIMUM OF 3 EVENTS

YOUTH - YOUNG WOMEN/MEN MAY COMPETE IN A MAXIMUM OF 4 EVENTS

PARTICIPANTS MUST HAVE AN ARMBAND TO COMPETE

COACHES WILL BE ASKED TO HELP AS NEEDED

ALL COACHES WILL BE ADMITTED FREE WITH USATF CARD

FEES AND AWARDS

ENTRY FEE IS \$5 PER ATHLETE

GENERAL ADMISSION IS \$5 PER PERSON, UNDER 4 FREE

MEDALS WILL BE AWARDED TO THE TOP THREE FINISHERS IN EACH EVENT

ALL OTHER PRIMARY PARTICIPANTS WILL BE AWARD PARTICIPATION RIBBONS

AGE DIVISION

PRIMARY

BANTAM

MIDGET

YOUTH

INTERMEDIATE

YOUNG MEN/WOMAN

BIRTH YEAR

2003 +

2001 - 2002

1999 - 2000

1997 - 1998

1995 - 1996

1993 - 1994

FROM DALLAS: TAKE I-20 W OR I-20 E TO WHEATLAND/HAMPTON ROAD EXIT, SOUTH ON HAMPTON ROAD TO EAGLE DRIVE, RIGHT ON EAGLE DRIVE, STADIUM ON THE LEFT HAND SIDE.

FROM FT WORTH/ARLINGTON : TAKE I-20 EAST TO WHEATLAND/HAMPTON ROAD EXIT, SOUTH ON HAMPTON ROAD TO EAGLE DRIVE, RIGHT ON EAGLE DRIVE, STADIUM ON THE LEFT HAND SIDE.

FROM HOUSTON: I-45 N TO 287N(WAXAHACHIE/FT WORTH), 287N TO I-35N EXIT, GO EAST ON PARKERVILLE RD, SOUTH ON WESTMORELAND RD, STADIUM IS ON THE RIGHT HAND SIDE.

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Entry Fee is \$5.00 per Athlete Admission is \$5.00 per person, Under 4 Free

Registration Starts @ 6:00 A.M.
Primary thru Young Women/Men

Field Events @ 8:00 A.M.

DISCUS	YM, YW, IB, IG, YB, YG, MB, MG
SHOT PUT	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
LONG JUMP	YM, YW, IB, IG, YG, YB, MG, MB, BG, BB, PG, PB
TRIPLE JUMP	YG, YB, IB, IG, YM, YW
HIGH JUMP	BG, BB, MG, MB, YG, YB, IG, IB, YM, YW
POLE VAULT	YG, YB, IG, IB, YW, YM

FIELD EVENTS FOR PRIMARY THRU MIDGET WILL BE A 3 JUMP/THROW FINAL
FIELD EVENTS FOR YOUTH THRU YOUNG WOMEN/MEN WILL BE A 4 JUMP/THROW FINAL

Morning Session Starts @ 7:30 A.M. Primary thru Midget

1500M Race Walk	BG, BB, MG, MB
3000M RUN	MG, MB, YG, YB, IG, IB, YW, YM
5000M RUN	YM
4 X 100M RELAY	PG, PB, BG, BB, MG, MB
800M DASH	PG, PB, BG, BB, MG, MB
80M HURDLES	MG, MB
100M DASH	PG, PB, BG, BB, MG, MB
400M DASH	PG, PB, BG, BB, MG, MB
200M DASH	PG, PB, BB, BG, MG, MB
1500M RUN	MG, MB
4 X 400 RELAY	BG, BB, MG, MB

Afternoon Session Starts @ 2:30 P.M. Youth thru Young Men/Young Women

4 X 100M RELAY	YG, YB, IG, IB, YW, YM
800M DASH	YG, YB, IG, IB, YW, YM
100M HURDLES	YG, YB, IG, YW
110M HURDLES	IB, YM
100M DASH	YG, YB, IG, IB, YW, YM
400M DASH	YG, YB, IG, IB, YW, YM
200M HURDLES	YG, YB
400M HURDLES	IG, IB, YM, YW
200M DASH	YG, YB, IG, IB, YW, YM
1500M RUN	YG, YB, IG, IB, YW, YM
4 X 400 RELAY	YG, YB, IG, IB, YW, YM