

# 6<sup>th</sup> Annual North Texas Cheetahs Track & Field Youth Open

Hosted by the North Texas Cheetahs Track Club

[www.northtexascheetahs.com](http://www.northtexascheetahs.com)

April 30<sup>th</sup> 2011

**LANCASTER HIGH SCHOOL  
Beverly Humphrey Tiger Stadium  
200 E Wintergreen  
Lancaster, TX 75134**

## MEET RULES

- ALL EVENTS WILL BE ON A ROLLING SCHEDULE
- ALL USA TRACK AND FIELD RULES WILL BE IN EFFECT FOR THIS MEET
- PRIMARY - MIDGET DIVISIONS MAY COMPETE IN A MAXIMUM OF 3 EVENTS
- YOUTH - YOUNG WOMEN/MEN MAY COMPETE IN A MAXIMUM OF 4 EVENTS
- PARTICIPANTS MUST HAVE AN ARMBAND TO COMPETE
- COACHES WILL BE ASKED TO HELP AS NEEDED
- **ALL COACHES WILL BE ADMITTED FREE WITH USATF CARD**

## FEES AND AWARDS

- ENTRY FEE IS \$5 PER ATHLETE
- GENERAL ADMISSION IS \$5 PER PERSON, UNDER 4 FREE
- MEDALS WILL BE AWARDED TO THE TOP THREE FINISHERS IN EACH EVENT
- ALL OTHER PRIMARY PARTICIPANTS WILL BE AWARD PARTICIPATION RIBBONS

<u>AGE DIVISION</u>	<u>BIRTH YEAR</u>
PRIMARY	2003 +
BANTAM	2001-2002
MIDGET	1999-2000
YOUTH	1997-1998
INTERMEDIATE	1995-1996
YOUNG MEN/WOMAN	1993-1994

## DIRECTION

**FROM DALLAS TAKE 20E OR 20W TO THE LANCASTER RD EXIT AND GO SOUTH ON LANCASTER RD AND THE STADIUM WILL BE ON YOUR LEFT HAND SIDE**

**FROM FT WORTH/ARLINGTON TAKE I20 EAST TO LANCASTER RD, EXIT LANCASTER RD. AND GO SOUTH ON LANCASTER RD AND THE STADIUM WILL BE ON YOU LEFT HAND SIDE.**

**FROM I45 TAKE I45 TO I20 W TO LANCASTER RD, EXIT LANCASTER RD TURN LEFT, TAKE LANCASTER RD AND THE STADIUM WILL BE ON YOUR LEFT HAND SIDE.**

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*Entry Fee is \$5.00 per Athlete  
person, Under 4 Free*

*Admission is \$5.00 per*

*Registration Starts @ 6:00 A.M.  
Primary thru Young Women/Men*

**Field Events @ 8:00 A.M.**

DISCUS	YM,YW,IB,IG,YB,YG,MB,MG
SHOT PUT	BG,BB,MG,MB,YG,YB,IG,IB,YW,YM
LONG JUMP	YM,YW,IB,IG,YG,YB,MG,MB,BG,BB,PG,PB
TRIPLE JUMP	YG,YB,IB,IG,YM,YW
HIGH JUMP	BG,BB,MG,MB,YG,YB,IG,IB,YM,YW
POLE VAULT	YG,YB,IG,IB,YW,YM

***FIELD EVENTS FOR PRIMARY THRU MIDGET WILL BE A 3 JUMP/THROW FINAL***

***FIELD EVENTS FOR YOUTH THRU YOUNG WOMEN/MEN WILL BE A 4 JUMP/THROW FINAL***

*Morning Session Starts @ 7:30 A.M.  
Primary thru Midget*

1500M Race Walk	BG,BB,MG,MB
3000M RUN	MG,MB,YG,YB,IG,IB,YW
5000M RUN	YM
4 X 100M RELAY	PG,PB,BG,BB,MG,MB
800M DASH	PG,PB,BG,BB,MG,MB
80M HURDLES	MG,MB
100M DASH	PG,PB,BG,BB,MG,MB
400M DASH	PG,PB,BG,BB,MG,MB
200M DASH	PG,PB,BB,BG,MG,MB
1500M RUN	MG,MB
4 X 400 RELAY	BG,BB,MG,MB

*Afternoon Session Starts @ 2:00 P.M.  
Youth thru Young Men/Young Women*

4 X 100M RELAY	YG,YB,IG,IB,YW,YM
800M DASH	YG,YB,IG,IB,YW,YM
100M HURDLES	YG,YB,IG,YW
110M HURDLES	IB,YM
100M DASH	YG,YB,IG,IB,YW,YM
400M DASH	YG,YB,IG,IB,YW,YM
200M HURDLES	YG,YB
400M HURDLES	IG,IB,YM,YW
200M DASH	YG,YB,IG,IB,YW,YM
1500M RUN	YG,YB,IG,IB,YW,YM
4 X 400 RELAY	YG,YB,IG,IB,YW,YM